

Instructions for Patients requesting Puah Supervision

If you are requesting PUAH supervision for your **IUI Cycle**, please:

1. Advise the nurse at the start of your cycle that you are interested in supervision so it can be noted in your records.
2. Contact Ahuva Goldberg from PUAH at 213.840.7571
3. Contact PUAH the day you are instructed to take your HCG or as soon as you are instructed to schedule your IUI (at least 24 hour prior)
4. If PUAH is not contacted the day prior, supervision may not be possible.

If you are requesting PUAH supervision for your **IVF cycle**, please:

1. Advise your IVF coordinator, when scheduling your cycle that you are interested in supervision so it can be noted in your records.
2. Contact Ahuva Goldberg from PUAH at 213.840.7571 to initiate the arrangement.
3. Contact PUAH again at the start of your IVF cycle (when you begin your medications, as this will alert them of the potential dates for your procedures).
4. Contact PUAH on the night you are instructed to take your HCG-

You will need to give them the exact time of your egg retrieval and the time of your husband's sample collection or drop-of. Laboratory preparation requires 24 hours notice otherwise supervision cannot be done.